Online Resources to Support Mental Health: Information for Clinicians and Patients
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Agenda

- Introduction to the National Library of Medicine and the National Network of Libraries of Medicine
- Patient Education: MedlinePlus
- Drug Information Resources
- Clinical Resources
- Questions

U.S. National Library of Medicine

Division of the National Institutes of Health (NIH)

- World's largest biomedical library
- Produces free, authoritative electronic health information resources
- 250+ health information databases (PubMed & MedlinePlus)
- Not a commercial vendor
- Government tax dollars at work!
National Network of Libraries of Medicine (NN/LM)  
http://nnlm.gov/  

- NN/LM, formerly Regional Medical Library Program  
- Established in the Medical Library Assistance Act (1965)  
- Mission  
  - Provide health professionals and the general public with equal access to biomedical information  
  - Coordinated by the National Library of Medicine  
- 8 Regional Offices  
  - Support Network members to achieve NN/LM mission  
  - 5-year contracts  

Who Can Become Network Members?  

Benefits of Membership  http://nnlm.gov/mar/services/
PATIENT EDUCATION & CLINICAL RESOURCES

Patient Education

The internet as a diagnostic tool...

1. 56% of U.S. adults have looked online for health information in the past year.
2. 26% of U.S. adults say they have used the internet to try to figure out what medical condition they or another person may have. We call them “digital diagnosers.”
3. 8% of online diagnosers talked with a clinician about what they found online.
4. 4% of online diagnosers had their condition confirmed by a clinician.

Source: Pew Internet and American Life Project (2013)
http://www.pewinternet.org/

MedlinePlus
http://medlineplus.gov/

The health of the caregiver is important, too. Advice on caring for parents on our Caregiver page.
MedlinePlus In a Nutshell
• Over 900 health topics in English and Spanish
• Drug and herbal supplement information
• Videos and animations
• Surgery videos
• Health Check tools
• Easy-to-read Materials
• Multiple Languages
• Medical Dictionary & Encyclopedia
• Health News

Mental Health Topics
• Learning Disorders
• Prescription Drug Abuse
• Living with Cancer
• Coping with Disasters
• Depression
• Stress
• Self-Harm
• Coping with Chronic Illness
• Seasonal Affective Disorder
• Substance Abuse Problems
• Personality Disorders

Mental Health Additional Topics
• Anxiety
• Delirium
• Dementia
• Depression
• Memory
• Personality Disorders
• Phobias
• Stress
Alzheimer's Disease
(Health Topic Page)

Alzheimer's Caregivers

MedlinePlus Connect

“MedlinePlus Connect is a free service of the National Library of Medicine (NLM), National Institutes of Health (NIH), and the Department of Health and Human Services (HHS).”

“M+C is the application that links EHRs to the reliable patient education content in medlineplus.gov”
Information Rx
http://informationrx.org/
- Refer people to MedlinePlus
- Order special prescription pads and other materials
- Help people:
  - better understand health information
  - enhance conversations between healthcare providers and patients
  - encourage the use of evidence-based health information on the Internet

MedlinePlus Magazine
A quarterly publication of the Friends of the National Library of Medicine.
Get a free subscription!
Libraries can order in bulk
Spanish available also
Bulk Subscriptions: http://www.fnlm.org/program_medlineplus_subscribebulk.php

NIHSeniorHealth
http://nihseniorhealth.gov/
Health and wellness information for older adults from the National Institutes of Health.
NIHSeniorHealth: Trainers Toolkit
http://nihseniorhealth.gov/toolkit/toolkit.html

NIHSeniorHealth (Memory & Mental Health)
http://nihseniorhealth.gov/category/memoryandmentalhealth.html

Drug Information Portal
http://druginfo.nlm.nih.gov/
Drug Information Portal: Haldol

DailyMed

- Manufacturer’s Label
- Indications and Usage
- Contraindications
- Warnings
- Dosage and Administration
- Patient Counseling Information

DailyMed: At a Glance
Pillbox
http://pillbox.nlm.nih.gov/

Pillbox enables rapid identification of unknown solid-dosage medications (tablets/capsules) based on physical characteristics and high-resolution images. Once a medication is identified, Pillbox provides links to drug information and drug labels.

National Guideline Clearinghouse
http://guidelines.gov/

- Search evidence-based guidelines from a variety of sources
- Compare Guidelines side by side
- Save your favorite guidelines and organizations.

Example-Organizations

- American Academy of Child and Adolescent Psychiatry
- American Psychiatric Association
- American College of Physicians
- Department of Veterans Affairs
- Health Care for the Homeless (HCH) Clinician's Network
- National Collaborating Centre for Mental Health (UK)
PubMed Health

- Clinical effectiveness research
- Summaries for practitioners and consumers
- Systematic Reviews
- Partners include: AHRQ, Cochrane, NHS

PubMed Health: Search Results

NLM Mobile Apps and Sites

Quality resources for clinicians, researchers, emergency responders, and the general public

- PubMed
- Drug Information Portal
- MedlinePlus
- AIDSInfo and HIV/AIDS Glossary
  and many more
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Locate a variety of authoritative mobile web sites and applications from the National Library of Medicine.

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NLM 4 Caregivers is designed to increase awareness of NLM resources among caregivers who actively seek health information online using social media tools such as Facebook, Twitter, blogs and listservs for discussing and exploring health issues.

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